

Iowa Disaster Behavioral Health Response Team Basic Training

**Sponsored by: Iowa Department of Human Services,
Division of Mental Health and Disability Services**

The Basic Training is a required training to participate on Iowa's Disaster Behavioral Health Response Team.

Please pick from one of the following locations:

October 22, 2009, 9:00 to 4:30 in Ottumwa, location TBA,

October 23, 2009, 9:00 to 4:30 in Des Moines at the Renaissance Savory Hotel,
401 Locust Street.

NOTE: Upcoming training dates will be posted soon

If you are interested in one of these October training dates, please email or fax back the below registration form to Karen Hyatt by October 16, 2009.

The Iowa Department of Human Services, Division of Mental Health and Disability Services is developing six regional teams of behavioral health providers to respond to the behavioral health needs of Iowa residents following a disaster event (bio-terrorism, man-made or natural disasters). The teams will respond to disasters or critical incidents when local behavioral health resources have been depleted or are overwhelmed. The goal of the disaster behavioral health teams is to provide an organized response to individual victims, family members, survivors and disaster workers affected by critical incidents or disasters.

Teams will include individuals with experience in human services psychology, mental health, substance abuse, social work, psychiatry, education or spirituality. Team members will receive ongoing training, an organized system to volunteer with and participate in statewide and community-wide drills.

Basic Training Course Objectives:

- To understand how teams function in disaster settings, including factors affecting individual response to disaster, phases of disaster, at risk groups, concepts of loss and grief, post-disaster stress and the disaster recovery process.
- To understand the organization aspects of disaster response and recovery, including key roles, responsibilities, and resources, local, State, Federal and voluntary agency programs; how to link disaster survivors

with appropriate resources and services and awareness of the Incident Command System.

- To understand the key concepts and principles of disaster behavioral health and how they apply to team functioning, including how disaster behavioral services differ from traditional psychotherapy; the spectrum and design of behavioral health programs needed in disaster, and appropriate sites for delivery of behavioral health services.
- To understand how teams provide appropriate behavioral health assistance to survivors and workers in community settings with emphasis on crisis intervention, brief treatment, post-traumatic stress strategies, age-appropriate child interventions, debriefing, group counseling, support groups, and stress management techniques.
- To understand how to provide behavioral health services at the community level, with emphasis on case finding, outreach, behavioral health education, public education, consultation, community organization, and use of the media.
- To understand the stress inherent in disaster work and recognize and manage that stress in oneself, team members and other workers.

Training: There is no cost to the training and 6.5 CEU's will be awarded at no charge. This training meets the requirements for all Licensed Mental health Professionals and the Board of Alcohol and Other Drug-Abuse Professional Practice in Categories Performance I, II and V and Competence 1, 4, 6, 7, 11 & 13.

To register or if you have questions contact Karen Hyatt, Emergency Mental Health Specialist.

Email to khyatt@dhs.state.ia.us; fax: 515-242-6036; Call: 515-281-3128

Name:
Address:
Telephone:
Occupation:
Email address:
Certification or Licensure (not required):